Weekly Review – Master Lesson

What Have I Learned This Week and Changes

Overview: The weekly review focuses on what a learner has learned during the week and more importantly, gives the teacher a critical look at what knowledge and understanding the learners have gained. It also helps to see if they value what they’ve learned enough to use it in their everyday lives. The lesson focuses on key concepts, changes in learners’ perception of themselves, and lessons that have been introduced and discussed throughout the course. After the review, learners are asked to write about what they have learned that week. There are no wrong answers. The writing exercise is a helpful tool to gain feedback from learners. It also allows learners to use the EFF Standard of Reflect and Evaluate. There may not be time for both review and the writing exercise. If there is not enough time, learners should be asked to write about what they have learned for homework that night. Learners write whatever they feel is important learning to them.

Educational Goal: The objective of this lesson is for learners to (1) comprehend what they have learned this week and (2) respond positively to what they have learned and how it applies to their everyday life and goals.

Objectives:
Cognitive: — What they have learned this week.
— Any changes that they see in themselves.
— What it means to them.
— How the learner can apply what they have learned to their everyday lives.
Affective: — Describe why what they have learned is important.

Skills Standards Connection: This lesson has connections to the KSA skill – Evaluate Information and to the EFF Standard – Reflect and Evaluate. (Appendix II)

Time: 1 hour

Teacher Materials:
— List of lessons and key concepts taught that week
— Reflect and Evaluate Standard Sheet
— EFF Standards/Skill Wheel (Poster)
— Learner Materials
— Paper and Pencil/Pen
— Reflect and Evaluate Standard handout
— Note Taker

Learner Materials:
— Writing paper
— Learner Note Taker
— EFF Standard Reflect and Evaluate
Teaching Strategy: Key concept visuals that can be used for this lesson are the staircase and the STAR. Reflecting and Evaluating is an important skill/standard that all adults need to do in order to reach their goals and improve their life. The weekly review and writing activity helps learners to retain the knowledge that they have received and to see how it affects their education and everyday lives. Even in the first week, learners will begin to describe what they have learned and more importantly what changes they are seeing in their motivation, confidence, etc. The lesson also leads to a preview of things to come for next week. Depending upon what weekly review it is, learners will have learned several different key concepts and lessons. The first component of the EFF Standard of Reflect and Evaluate directly connects to the “Wherever you are…” Learning Skills motto. The lesson also requires learners to see the value in what they’ve learned and asks them to predict how they will use it in their lives.

The teacher should begin this lesson by focusing the learners on key elements that they remember from the week. The goal is not to get learners to look through their notes but to see what they can remember. Whatever they remember learning is the most valid and clearest picture of where they are as learners.

The communication loop could be used in this portion of the lesson as a visual. The teacher should begin the lesson by explaining the educational goal, objectives, and the overall purpose of the writing activity. It should be explained as a valid way of gaining feedback from them. The teacher should also ask learners to put all of their work aside in order to discuss what they remember learning. The lesson begins with the EFF Standard of Reflect and Evaluate. Discuss the standard with the class, what it means, and why it’s important. Learners should know that they are applying the skill of reflect and evaluate throughout this lesson.

Next, introduce a brainstorming session that stimulates the mind and gets learners to critically think about what has been learned throughout the week. Allow learners enough time to think out key concepts as a team while recording their thoughts on the board. Also refer to the EFF Standard Skills’ Wheel (Appendix III) so that learners can see all of the things that they have been able to learn and do.
Lesson Plan

Introduction

Attention: Now that we have almost completed this week, let’s take some time to reflect and evaluate about the week and what we’ve learned.

Question: Why is it important for us to stop and think about what happened and what we learned in class?

Motivation: Being able to stop, think, and reflect about all of the things you have heard this week is very important. Reviewing and reflecting helps us to retain what we have learned and to increase our awareness of what happened. There is always room for improvement. As a group, we also need to think about what kinds of things we could improve. Maybe I could have taught something better or maybe you could have studied more on a particular subject. These kinds of reflections lead to evaluating how it went, what went well, and what needs improvement.

Overview: We are going to reflect on what we’ve learned and evaluate how well it went. At the end of this lesson we want you to be able to:

• Explain through discussion and writing what you have learned this week and any changes that you see in yourself.
• Explain through discussion and writing why what you have learned is important;
• Predict how you will use it.

Body of Lesson

Main Point 1: What Is Reflect and Evaluate?

A. Let’s take a minute to review the components of the EFF Standard, Reflect and Evaluate. The first component says that we need to take stock of where we are, assess what we know already, and see the relevance of that knowledge.

Question: What do you think the first component is saying?

In order to know how it went this week, we need to be able to assess where we are, what we have learned, and if what we have learned is important.
B. Predict – The next component of the standard says… (Allow a volunteer learner to read the component) that we should make inferences, predictions, or judgments based on one’s reflections. Those are some pretty big words.

What is a prediction? Who can give a definition for prediction? Maybe, we should look it up. (Allow time for learners to look up the word in the dictionary.)

**Question:** Give me an example of predicting what might happen next week?

Predictions are things that someone can assume might happen.

**Question:** Why would it be important for us to predict what might happen next week?

Whenever we ask the question, “How can you use it?” we are allowing you to make a prediction or a judgment based on your own reflections. We use what we have learned in life when the learning is important to us.

Main Point 2. What Have We Learned?
Now let’s look back on all of the things that we discussed and learned this past week. Without looking through your notes, what are some things that you remember discussing and/or learning? (Begin recording responses on board.)

It sounds like you have learned a lot of important things.

**Question:** Was everything always easy and fun to learn?

A. **Not everything that you learn is going to be easy and fun.** We will try to make it as fun as possible but sometimes learning can be challenging. Learning may not be occurring if something is too easy. Learning something new is challenging, but if we can make it interesting it will not only make more sense but it will also affect us as a person.

B. **Many times when a person is learning, she will begin to see changes in themselves.** Maybe her confidence goes up because she begins to realize that she can do it or she may want more challenges. Learning does affect how a person feels.

**Question:** What other kinds of changes have you seen?
C. One of the main things that we want you to get out of Learning Skills is that connection between life and education.
We want you to know and be able to use what you learn as workers, parents, and citizens. It is just as important that you let us know when you have used what you have learned. Telling us what knowledge you have applied gives us the feedback that we need as teachers. Feedback will help us to know what went well and what we need to do better. I want you to do this with me. Hold up one hand and say, “This is education.” Bring your hands together with fingers interlocked. They are combined and not separate parts of your life. Your life affects your education and your education affects your life.

Main Point 3. Why Is What We Learned Important? How Can We Use It?
We have discussed a lot of things that we learned this week. Now I would like you to “Reflect and Evaluate” independently. I want you to write about what you have personally learned. I also want you to write more about some changes that you might be seeing in yourself. Finally, I want you to also include how you have or will use what you have learned in your everyday life and goals.

Are there any questions? You will have 30 minutes to write. There are no wrong answers. We are not concerned with your spelling or punctuation right now. We are focusing only on your thoughts about this week, this class, and how it is affecting you.

Now that we have all finished writing, let’s share what we have written.

Main Point 4: Preview of Next Week
Now that we have reviewed this week, it’s time for us to preview next week. We will continue discussing several of the key concepts that we hit on this week. We will always continue to use the key concepts throughout Learning Skills.

Week Two will focus on discovering more about yourself and others. This week was about First Steps and Getting Started. Now that you have begun your educational journey, we are going to take the next step by comparing our personal learning styles with others’ learning styles. We will continue to work as a team and get to know one another better.
You’ll start the Writing Process by creating a rough draft of your research paper that you will present on Graduation Day. You will be encouraged to push yourself to be better. We will continue to challenge you with lessons and activities. Remember to attend as much as possible, achieve something everyday, and keep a positive attitude.

Conclusion

Summary: Let’s think about what we learned while doing this lesson now that we have all shared what we learned this week and how we have used or can use it. Just in this last hour of class you learned some new things. We were introduced to the Equipped for the Future Standard of Reflect and Evaluate, and we discussed its components and what they meant. We also used the standard to reflect and evaluate our experiences in class as a group and personally. We used the read, write, and discuss model throughout the lesson. You were asked to write about what you’ve learned and share it with all of us. Through the read, write and discuss model you proved that you can explain what you’ve learned, why it’s important, and how you can use it.

Re-Motivation: Preview of Next Week.

Now that we have reviewed this week, it’s time for us to preview next week. We will continue discussing several of the key concepts that we hit on this week. We will always continue to use the key concepts throughout Learning Skills. It’s going to be an exciting week! You’re going to the next level. So be prepared!

Close: The next step is for you to continue learning more and valuing what you learn enough to see its purpose in your life and goals.